



PSHE & Relationship, Sex and Health Education Overview Whole School

	Autumn		Spring		Summer		
EYFS							
Ten: Ten Life to the Full (Catholic – not repeated)	Autumn 2: (EYFS Pre-school module 1 unit 1&2) Handmade with Love (1.1.1) I am Me (1.2.1) Head, Shoulders, Knees and Toes (1.2.2) Ready Teddy? (1.2.3)		Spring 1(EYFS Pre-school module 1 unit 3 & 4) I like, you like, we all like (1.3.1) All the Feelings (1.3.2) (Change Title March 2024) Let's Get Real (1.3.3) Growing Up (1.4.1) Spring 2: (EYFS Pre-school module 2 1 & 2) Role Model (2.1.1) Who's Who? (2.2.1) You've Got a Friend in Me (2.2.2) Forever Friends (2.2.3)		Summer 1: (EYFS Pre-school module 2 unit 3 & 4) What is the Internet (2.3.1) New March 2024 Playing Online (2.3.2) New March 2024 Safe Inside and Out (2.4.1) My Body, My Rules (2.4.2) Feeling Poorly (2.4.3) People Who Help Us (2.4.4) Summer 2: (EYFS Pre-school module 3 unit 1 & 2) God is Love (3.1.1) Loving God, Loving Others (3.1.2) Me, You, Us (3.2.1)		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Stewardship	Rights and Responsibilities	Dignity of Work
PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)		First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		



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Year 1							
Ten: Ten Life to the Full (Catholic)	Autumn 2: (KS1 module 1 unit 1&2) Let the Children Come (1.1.1) I am Unique (1.2.1) Girls & Boys (1.2.2) Basic Parts Clean and Healthy (1.2.3)	Spring 1: KS1 Module 1 unit 3 & 4 Feelings, Likes and Dislikes (1.3.1) Feeling Inside Out (1.3.2) Super Susie Gets Angry (1.3.3) The Cycle of Life (1.4.1) Beginnings and Endings (1.4.2 – changed March 2024) Spring 2:(KS1 Module 2 unit 1 &2) God Loves You (2.1.1) Special People (2.2.1) Treat Others Well (2.2.2) And Say Sorry (2.2.3)	Summer 1: (KS1 Module 2, unit 3) Real Life online (2.3.1) Changed March 2024 Rules to help us (2.3.2) Changed March 2024 Good and Bad Secrets (2.4.1) Physical Contact (2.4.2) Harmful Substances (2.4.3) Can you help me? Part 1 &2 (2.4.4 & 2.4.5) Summer 2 (KS1 Module 3 unit 1&2) Three in one (3.1.1) Who is my neighbour? (3.1.2) The Communities we live in. (3.2.1)				
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Year 2							
Ten:Ten Life to the full (Catholic)	Autumn 2: (KS1 module 1 unit 1&2) Let the Children Come (1.1.1) I am Unique (1.2.1) Girls & Boys (1.2.2) Genital Parts Clean and Healthy (1.2.3)	Spring 1: KS1 Module 1 unit 3 & 4 Feelings, Likes and Dislikes (1.3.1) Feeling Inside Out (1.3.2) Super Susie Gets Angry (1.3.3) The Cycle of Life (1.4.1)	Summer 1: (KS1 Module 2, unit 3) Real Life online (2.3.1) Changed March 2024 Rules to help us (2.3.2) Changed March 2024 Good and Bad Secrets (2.4.1) Physical Contact (2.4.2)				



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			Beginnings and Endings (1.4.2 – changed March 2024) Spring 2:(KS1 Module 2 unit 1 &2) God Loves You (2.1.1) Special People (2.2.1) Treat Others Well (2.2.2) And Say Sorry (2.2.3)		Harmful Substances (2.4.3) Can you help me? Part 1 &2 (2.4.4 & 2.4.5) Summer 2 (KS1 Module 3 unit 1&2) Three in one (3.1.1) Who is my neighbour? (3.1.2) The Communities we live in. (3.2.1)		
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Year 3							
Ten:Ten Life to the full (Catholic)	Autumn 2: (LKS2 module 1 unit 1 &2) Story Sessions – Get up! (1.1.1) The Sacraments (1.1.2) We don’t have to be the same (1.2.1) Respecting our bodies (1.2.2)		Spring 1 (LKS2 Module 1 unit 3 & 4) What am I feeling? (1.3.1) What am I looking at? (1.3.2) I am thankful (1.3.3) Life cycles (1.4.1) A Time for Everything (1.4.2) Changed March 2024 Spring 2 (LKS2 Module 2 unit 1 & 2) Jesus, my friend (2.1.1) Friends, family and others (2.2.1) When things feel bad (2.2.2)		Summer 1 (LKS2 Module 2 unit 3) Sharing online (2.3.1) Chatting online (2.3.2) Safe in my body (2.4.1 – optional extra not taught) Drugs, alcohol and tobacco (2.4.2) First Aid Heroes (2.4.3) Rights and Responsibilities & Shorts (2.4.4) Added March 2024 Summer 2 (Module 3 unit 1 & 2) A Community of Love (3.1.1) What is the Church (3.1.2)		



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					How do I love others (3.2.1)		
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PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)		First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		
Year 4							
Ten:Ten Life to the full (Catholic)	Autumn 2: (LKS2 module 1 unit 1 &2) Story Sessions – Get up! (1.1.1) The Sacraments (1.1.2) We don't have to be the same (1.2.1) Respecting our bodies (1.2.2) What is puberty (year 4 only) (1.2.3) Changing bodies (year 4 only) (1.2.4) Male & Female groups (optional – year 4 only) (1.2.5)		Spring 1 (LKS2 Module 1 unit 3 & 4) What am I feeling? (1.3.1) What am I looking at? (1.3.2) I am thankful (1.3.3) Life cycles (1.4.1) A Time for Everything (1.4.2) Changed March 2024 Spring 2 (LKS2 Module 2 unit 1 & 2) Jesus, my friend (2.1.1) Friends, family and others (2.2.1) When things feel bad (2.2.2)		Summer 1 (LKS2 Module 2 unit 3) Sharing online (2.3.1) Chatting online & (2.3.2) Safe in my body (2.4.1 – optional extra not taught) Drugs, alcohol and tobacco (2.4.2) First Aid Heroes (2.4.3) Rights and Responsibilities (2.4.4) Added March 2024 Summer 2 (Module 3 unit 1 & 2) A Community of Love (3.1.1) What is the Church (3.1.2) How do I love others (3.2.1)		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Stewardship	Rights and Responsibilities	Dignity of Work
PSHE Links	Remembrance Day World Mental Health Day		Online Internet Safety Day Money Day		First Aid Day Laudato Si' Week		



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	Anti-Bullying Week Judaism – Faith Week (RE)		British Science Week Dog Trust Visit Islam – Faith Week (RE)		Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		
Year 5							
Ten:Ten Life to the full (Catholic)	Autumn 2 (UKS2 Module 1 unit 1 & 2) Story sessions – Calming the storm (1.1.1) Gifts and talents (1.2.1) Girls Bodies (1.2.2) Boys Bodies (1.2.3) Spots and Sleep (1.2.4)		Spring 1 (UKS2 Module 1 unit 3 &4) Body Image (1.3.1) Peculiar Feelings (1.3.2) Emotional Changes 1.3.3) Making babies part 1 (1.4.1) (1.4.2 – not taught) Menstruation (1.4.3) Hope Beyond Death (1.4.4) Changed March 2024 (Taught with careful consideration from teacher depending on circumstances at time) Spring 2 UKS2 Module 2 unit 1 & 2) God is Calling You (2.1.1) Under pressure (2.2.1) Do you want a piece of cake? (2.2.2) Self-Talk (2.2.3) Build Others Up (2.2.4) Changed March 2024		Summer 1 (UKS2 Module 2 unit 3) Sharing isn't always caring (2.3.1) Cyber bullying (2.3.2) Types of abuse (2.4.1) Impacted lifestyles (2.4.2) Making good choices (2.4.3) Giving assistance (2.4.4) Summer 2 (UKS2 Module 3 unit 1 & 2) The Holy Trinity (3.1.1) Catholic Social Teaching (3.1.2) Reaching Out (3.2.1)		
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Year 6								
Ten:Ten Life to the full (Catholic)	Autumn 2 (UKS2 Module 1 unit 1 & 2) Story sessions – Calming the storm (1.1.1) Gifts and talents (1.2.1) Girls Bodies (1.2.2) Boys Bodies (1.2.3) Spots and Sleep (1.2.4)		Spring 1 (UKS2 Module 1 unit 3 &4) Body Image (1.3.1) Peculiar Feelings (1.3.2) Emotional Changes 1.3.3) Seeing stuff online – not taught Making babies part 1 (1.4.1) (1.4.2 – not taught) Menstruation (1.4.3) Hope Beyond Death (1.4.4) Changed March 2024 (Taught with considerations in mind) Spring 2 UKS2 Module 2 unit 1 & 2) God is Calling You (2.1.1) Under pressure (2.2.1) Do you want a piece of cake? (2.2.2) Self-Talk (2.2.3) Build Others Up (2.2.4) Changed March 2024			Summer 1 (UKS2 Module 2 unit 3) Sharing isn't always caring (2.3.1) Cyber bullying (2.3.2) Types of abuse (2.4.1) Impacted lifestyles (2.4.2) Making good choices (2.4.3) Giving assistance (2.4.4) Summer 2 (UKS2 Module 3 unit 1 & 2) The Holy Trinity (3.1.1) Catholic Social Teaching (3.1.2) Reaching Out (3.2.1)		
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PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)			First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		



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