



SSMJ POLICY FOR

Smoke Free Policy

Following the example of Jesus, together we learn, love and respect one another to be the best we can be.

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Role – Headteacher

Date policy agreed – September 2024

Date reviewed – September 2026

Date of next review – September 2028 (or as required)

Smoke Free Policy

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‘Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.’

Romans 12:2

The Purpose of this Smoke Free Policy

Our school is committed to maintaining and improving the health and wellbeing of all of our pupils, staff and visitors. Lancashire County Council now encompasses Public Health, and one of the key Public Health priorities is to support people to stop smoking. The County Council is committed to reducing rates of smoking and promoting a smoke free lifestyle to all employees, contractors and visitors. The Governing Body of St Michael and St John's R.C Primary School shares the same belief and has decided to adopt the policy set out below. The policy applies to all employees of the school and other workers including casual workers, agency workers and volunteers. The policy also applies to visitors and contractors.

Electronic cigarettes

The World Health Organisation (Sept 2023) advises that school buildings should 'help prevent young people from starting to smoke, creating a healthier environment'. The use of any electronic cigarettes should be prohibited anywhere that the use of conventional cigarettes is banned. In view of this, the policy applies to both tobacco cigarettes and e-cigarettes.

Aims:

- To provide a smoke free and e-cigarette free school environment for the whole school community.
- To ensure that tobacco education is part of the school's PSHE/RHE Curriculum (including the health effects, legal, economic and social aspects of tobacco use).
- To promote the message that our bodies are given to us by God and need to be looked after message to all our children.
- To ensure that all staff promote positive attitudes and behaviour in relation to tobacco.
- To ensure that staff have the knowledge and understanding of policies, procedures and agreed practice to support the implementation of the Smoke Free Policy.
- To involve all staff, governors, pupils, parents/carers and members of the wider school community including outside agencies as appropriate, in the development of policy and practice in relation to tobacco.
- To adopt and support interventions that aim to prevent the uptake of smoking amongst pupils, staff, parents/carers and members of the wider school community.

- To involve the wider school community in interventions to prevent the uptake of smoking in children and young people, by providing stop smoking groups/support for parents and carers and through helping them to talk to their children about tobacco and other risk taking behaviours.
- To signpost assistance for pupils, staff and other members of the school community who smoke and wish to stop.
- To ensure that the School's Smoke Free Policy is applied when children / young people are taken off site.

Intent:

Smoking (Including E cigarettes)

- Smoking is not allowed at any time when employees (or workers) are at work;
- Smoking is not permitted when driving whilst on duty or travelling to and from meetings for school business.
- Smoking is banned in the School's premises and grounds and in any school vehicles used for transporting pupils, employees, parents and visitors;
- Smoking is not allowed by employees or others on land owned or controlled by the County Council or the School e.g., car parks, playing fields, playgrounds. This applies whilst on duty and off duty (for example the policy applies to someone smoking in their car on a school or council controlled car park at breaks or lunchtimes);
- Smoking is not permitted near any windows or entrances to School or council buildings at any time;
- Smoking breaks are not permitted during working time;
- Visitors and Governors are reminded that the School in conjunction with the County Council is smoke-free and they are requested not to smoke near any access point, doorway or window fronting onto public roads or land.
- This Smoke-free Policy will be brought to the attention of partnership organisations, businesses providing services and other stakeholders who may interact with the School's employees and students and their co-operation in implementing both the spirit and letter of the policy will be requested and accepted as part of the partnership or working arrangements;

- All School and council owned or controlled buildings and vehicles must display the appropriate smoke-free signage;
- Enforcement of the School's policy is by management action and disciplinary procedures.

Implementation

The Governing Body should ensure that appropriate arrangements exist for implementing the policy within their School and /or areas of responsibility.

Information

Quitting cigarettes, shisha and e-cigarettes completely and being addiction-free is the best way to protect health. With support from a local stop smoking service, tobacco and nicotine users are four times more likely to quit than going it alone. They can help with one to one support and access to licensed medicines that can be used to help to beat the cravings. Information is available on the NHS choices website and from local district councils.

For help to quit smoking, shisha and e-cigarettes:

https://www.nhs.uk/better-health/quit-smoking/?WT.mc_ID=JanuaryPPC&gclid=EAlaQobChMI5MfO1KC_gwMVaZdQBh3LuwD7EAAYASAAEgLocPD_BwE&gclsrc=aw.ds

Local Services:

[Smoke free Lancashire](https://www.nhs.uk/better-health/quit-smoking/?WT.mc_ID=JanuaryPPC&gclid=EAlaQobChMI5MfO1KC_gwMVaZdQBh3LuwD7EAAYASAAEgLocPD_BwE&gclsrc=aw.ds) **0808 196 2638**

Impact

When children see others smoking, it creates the impression that smoking is a normal and enjoyable part of life, rather than a deadly addiction. And children copy behaviour: seeing people smoke encourages them to smoke. Children exposed to adults smoking around them are more likely to start smoking, with two-thirds of those experimenting with smoking going on to become regular smokers. But research shows that if smokefree becomes the norm and there is no smoking in sight, children are less likely to light up a cigarette themselves. A smoke-free environment protects them from tobacco addiction. This strategy is underpinned by the World Health Organization (WHO). The WHO sees the denormalization of smoking in the general population as a key strategy to tackle the tobacco problem among young people. AT SSMJ we want to

support that good example of looking after our bodies that God has given us and we promote this message across school.

Breaches of the Policy

Headteachers need to take action if an employee or worker smokes in contravention of this policy. A record of any action should be recorded. Breaches of this policy by school staff may lead to disciplinary action being taken. Visitors smoking will be asked to leave the school grounds.

Monitoring of the Policy

The operation of the policy will be monitored and reviewed as required. Review Date The above policy was implemented with effect from September 2026 and is reviewed every two years or in the event of any changes in legislation.

