



PSHE & Relationship, Sex and Health Education Overview Whole School 2024-2025

	Autumn		Spring		Summer		
EYFS							
Ten: Ten Life to the Full (Catholic – not repeated)	Autumn 2: (EYFS Pre-school module 1 unit 1&2) Handmade with Love (1.1.1) I am Me (1.2.1) Head, Shoulders, Knees and Toes (1.2.2) Ready Teddy? (1.2.3)		Spring 1(EYFS Pre-school module 1 unit 3 & 4) I like, you like, we all like (1.3.1) All the Feelings (1.3.2) (Change Title March 2024) Let's Get Real (1.3.3) Growing Up (1.4.1) New People, New Places – classroom shorts (1.4.2) New March 2024 Spring 2: (EYFS Pre-school module 2 1 & 2) Role Model (2.1.1) Who's Who? (2.2.1) You've Got a Friend in Me (2.2.2) Forever Friends (2.2.3)		Summer 1: (EYFS Pre-school module 2 unit 3 & 4) What is the Internet (2.3.1) New March 2024 Playing Online (2.3.2) New March 2024 Safe Inside and Out (2.4.1) My Body, My Rules (2.4.2) Feeling Poorly (2.4.3) People Who Help Us (2.4.4) Summer 2: (EYFS Pre-school module 3 unit 1 & 2) God is Love (3.1.1) Loving God, Loving Others (3.1.2) Me, You, Us (3.2.1) When I Grow Up – classroom shorts (3.2.2) New March 2024 Money Doesn't Grow on Trees (3.2.3) New March 2024		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Dignity of Work	Rights and Responsibilities	Stewardship



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PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)	Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)	First Aid Day Laudato Si’ Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)				
Year 1							
Ten: Ten Life to the Full (Catholic)	Autumn 2: (KS1 module 1 unit 1&2) Let the Children Come (1.1.1) I am Unique (1.2.1) Girls & Boys (1.2.2) Basic Parts Clean and Healthy (1.2.3)	Spring 1: KS1 Module 1 unit 3 & 4 Feelings, Likes and Dislikes (1.3.1) Feeling Inside Out (1.3.2) Super Susie Gets Angry (1.3.3) The Cycle of Life (1.4.1) Beginnings and Endings (1.4.2 – changed March 2024) Change is all Around & Shorts (1.4.3 – changed March 2024) Spring 2:(KS1 Module 2 unit 1 &2) God Loves You (2.1.1) Special People (2.2.1) Treat Others Well (2.2.2) And Say Sorry (2.2.3)	Summer 1: (KS1 Module 2, unit 3) Real Life online (2.3.1) Changed March 2024 Rules to help us (2.3.2) Changed March 2024 Good and Bad Secrets (2.4.1) Physical Contact (2.4.2) Harmful Substances (2.4.3) Can you help me? Part 1 &2 (2.4.4 & 2.4.5) Summer 2 (KS1 Module 3 unit 1&2) Three in one (3.1.1) Who is my neighbour? (3.1.2) The Communities we live in. (3.2.1) Who Will I Be? & Shorts (3.2.2) Changed March 2024 Needs and Wants & Shorts (3.2.3) Changed March 2024				
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Dignity of Work	Rights and Responsibilities	Stewardship
PSHE Links	Remembrance Day World Mental Health Day	Online Internet Safety Day Money Day	First Aid Day Laudato Si’ Week				



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	Anti-Bullying Week Judaism – Faith Week (RE)		British Science Week Dog Trust Visit Islam – Faith Week (RE)		Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		
Year 2							
Ten:Ten Life to the full (Catholic)	Autumn 2: (KS1 module 1 unit 1&2) Let the Children Come (1.1.1) I am Unique (1.2.1) Girls & Boys (1.2.2) Genital Parts Clean and Healthy (1.2.3)		Spring 1: KS1 Module 1 unit 3 & 4 Feelings, Likes and Dislikes (1.3.1) Feeling Inside Out (1.3.2) Super Susie Gets Angry (1.3.3) The Cycle of Life (1.4.1) Beginnings and Endings (1.4.2 – changed March 2024) Change is all Around & Shorts (1.4.3 – changed March 2024) Spring 2:(KS1 Module 2 unit 1 &2) God Loves You (2.1.1) Special People (2.2.1) Treat Others Well (2.2.2) And Say Sorry (2.2.3)		Summer 1: (KS1 Module 2, unit 3) Real Life online (2.3.1) Changed March 2024 Rules to help us (2.3.2) Changed March 2024 Good and Bad Secrets (2.4.1) Physical Contact (2.4.2) Harmful Substances (2.4.3) Can you help me? Part 1 &2 (2.4.4 & 2.4.5) Summer 2 (KS1 Module 3 unit 1&2) Three in one (3.1.1) Who is my neighbour? (3.1.2) The Communities we live in. (3.2.1) Who Will I Be? & Shorts (3.2.2) Changed March 2024 Needs and Wants & Shorts (3.2.3) Changed March 2024		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Dignity of Work	Rights and Responsibilities	Stewardship
PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit		First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week		



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		Islam – Faith Week (RE)		Sikhism – Faith Week (RE)			
Year 3							
Ten:Ten Life to the full (Catholic)	Autumn 2: (LKS2 module 1 unit 1 &2) Story Sessions – Get up! (1.1.1) The Sacraments (1.1.2) We don't have to be the same (1.2.1) Respecting our bodies (1.2.2)		Spring 1 (LKS2 Module 1 unit 3 & 4) What am I feeling? (1.3.1) What am I looking at? (1.3.2) I am thankful (1.3.3) Life cycles (1.4.1) A Time for Everything (1.4.2) Changed March 2024 Big Changes Little Changes & Shorts (1.4.3) Changed March 2024 Spring 2 (LKS2 Module 2 unit 1 & 2) Jesus, my friend (2.1.1) Friends, family and others (2.2.1) When things feel bad (2.2.2)		Summer 1 (LKS2 Module 2 unit 3) Sharing online (2.3.1) Chatting online & Shorts (2.3.2 shorts added March 2024) Safe in my body & Shorts (2.4.1) Drugs, alcohol and tobacco (2.4.2) First Aid Heroes (2.4.3) Rights and Responsibilities & Shorts (2.4.4) Added March 2024 Summer 2 (Module 3 unit 1 & 2) A Community of Love (3.1.1) What is the Church (3.1.2) How do I love others (3.2.1) Working Together & shorts (3.2.2) Added March 2024 Money Matters & Shorts (3.2.3) Added March 2024		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Dignity of Work	Rights and Responsibilities	Stewardship
PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)		First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		



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Year 4							
Ten:Ten Life to the full (Catholic)	Autumn 2: (LKS2 module 1 unit 1 &2) Story Sessions – Get up! (1.1.1) The Sacraments (1.1.2) We don't have to be the same (1.2.1) Respecting our bodies (1.2.2) What is puberty (year 4 only) (1.2.3) Changing bodies (year 4 only) (1.2.4) Male & Female groups (optional – year 4 only) (1.2.5)		Spring 1 (LKS2 Module 1 unit 3 & 4) What am I feeling? (1.3.1) What am I looking at? (1.3.2) I am thankful (1.3.3) Life cycles (1.4.1) A Time for Everything (1.4.2) Changed March 2024 Big Changes Little Changes & Shorts (1.4.3) Changed March 2024 Spring 2 (LKS2 Module 2 unit 1 & 2) Jesus, my friend (2.1.1) Friends, family and others (2.2.1) When things feel bad (2.2.2)		Summer 1 (LKS2 Module 2 unit 3) Sharing online (2.3.1) Chatting online & Shorts (2.3.2 shorts added March 2024) Safe in my body & Shorts (2.4.1) Drugs, alcohol and tobacco (2.4.2) First Aid Heroes (2.4.3) Rights and Responsibilities & Shorts (2.4.4) Added March 2024 Summer 2 (Module 3 unit 1 & 2) A Community of Love (3.1.1) What is the Church (3.1.2) How do I love others (3.2.1) Working Together & shorts (3.2.2) Added March 2024 Money Matters & Shorts (3.2.3) Added March 2024		
Catholic Social Teaching	The Dignity of the Human Person	Family and the Community	Option for the Poor	Solidarity	Dignity of Work	Rights and Responsibilities	Stewardship
PSHE Links	Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)		Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)		First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)		
Year 5							



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<p>Ten:Ten Life to the full (Catholic)</p>	<p>Autumn 2 (UKS2 Module 1 unit 1 & 2) Story sessions – Calming the storm (1.1.1) Gifts and talents (1.2.1) Girls Bodies (1.2.2) Boys Bodies (1.2.3) Spots and Sleep (1.2.4)</p>		<p>Spring 1 (UKS2 Module 1 unit 3 &4) Body Image (1.3.1) Peculiar Feelings (1.3.2) Emotional Changes 1.3.3) Seeing stuff online (1.3.4) DO Not Do Making babies part 1 (1.4.1) (1.4.2 – not taught – YEAR 6 only) Menstruation (1.4.3) Hope Beyond Death (1.4.4) Changed March 2024 Coping with Change & Shorts (1.4.5) Changed March 2024 Spring 2 UKS2 Module 2 unit 1 & 2) God is Calling You (2.1.1) Under pressure (2.2.1) Do you want a piece of cake? (2.2.2) Self-Talk (2.2.3) Build Others Up & Shorts (2.2.4) Changed March 2024</p>		<p>Summer 1 (UKS2 Module 2 unit 3) Sharing isn't always caring (2.3.1) Cyber bullying & Shorts (2.3.2) Types of abuse & Shorts (2.4.1) Impacted lifestyles & Shorts (2.4.2) Making good choices (2.4.3) Giving assistance (2.4.4) Summer 2 (UKS2 Module 3 unit 1 & 2) The Holy Trinity (3.1.1) Catholic Social Teaching (3.1.2) Reaching Out (3.2.1) The world of work & Shorts (3.2.2) Changed March 2024 Money and Me & Shorts (3.2.3) Changed March 2024</p>		
<p>Catholic Social Teaching</p>	<p>The Dignity of the Human Person</p>	<p>Family and the Community</p>	<p>Option for the Poor</p>	<p>Solidarity</p>	<p>Dignity of Work</p>	<p>Rights and Responsibilities</p>	<p>Stewardship</p>
<p>PSHE Links</p>	<p>Remembrance Day World Mental Health Day Anti-Bullying Week Judaism – Faith Week (RE)</p>		<p>Online Internet Safety Day Money Day British Science Week Dog Trust Visit Islam – Faith Week (RE)</p>		<p>First Aid Day Laudato Si' Week Careers Day/Week All Around the World Week Sikhism – Faith Week (RE)</p>		



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Year 6							
Ten:Ten Life to the full (Catholic)	Autumn 2 (UKS2 Module 1 unit 1 & 2) Story sessions – Calming the storm (1.1.1) Gifts and talents (1.2.1) Girls Bodies (1.2.2) Boys Bodies (1.2.3) Spots and Sleep (1.2.4)		Spring 1 (UKS2 Module 1 unit 3 &4) Body Image (1.3.1) Peculiar Feelings (1.3.2) Emotional Changes 1.3.3) Seeing stuff online (1.3.4) Do NOT do Making babies part 1 (1.4.1) (1.4.2 – not taught) Menstruation (1.4.3) Hope Beyond Death (1.4.4) Changed March 2024 Coping with Change & Shorts (1.4.5) Changed March 2024 Spring 2 UKS2 Module 2 unit 1 & 2) God is Calling You (2.1.1) Under pressure (2.2.1) Do you want a piece of cake? (2.2.2) Self-Talk (2.2.3) Build Others Up & Shorts (2.2.4) Changed March 2024		Summer 1 (UKS2 Module 2 unit 3) Sharing isn't always caring (2.3.1) Cyber bullying & Shorts (2.3.2) Types of abuse & Shorts (2.4.1) Impacted lifestyles & Shorts (2.4.2) Making good choices (2.4.3) Giving assistance (2.4.4) Summer 2 (UKS2 Module 3 unit 1 & 2) The Holy Trinity (3.1.1) Catholic Social Teaching (3.1.2) Reaching Out (3.2.1) The world of work & Shorts (3.2.2) Changed March 2024 Money and Me & Shorts (3.2.3) Changed March 2024		
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